

Funk it out!

Choreographer: Niels Poulsen (Denmark)

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Type of dance: Beginner. 32 counts. 4 walls. Funky rhythm.
 Music: ***I don't need it*** by Jamie Fox feat. Timbaland. Buy on Amazon, iTunes, etc
Let it out (PREFERRED track!) by Charlie Wilson & Snoop Dog. Buy on Amazon, iTunes, etc
Undress rehearsal by Timeflies. Buy on Amazon, iTunes, etc
Kiss the sky by Jason Derulo. Buy on Amazon, iTunes, etc
Dynamite by Nause. Buy on Amazon, iTunes, etc
 Intro: From the main beat there is a 16 count intro (16 secs. into music) using any of all the above-mentioned tracks. Start with weight on L foot
 NOTE: NO TAGS – NO RESTARTS!!! ☺
 Extra note The intention of this dance has been to create a beginner floor-split to many of the intermediate and higher level funky dances out currently, like: 'Don't need it' by myself. 'Let it out' by Rachael McEnaney White. 'Main attraction' by Joey, Jannie and Kirsten. 'Kiss the sky' by Neville and Julie. 'Dy na mite' by Dee Musk. Etc. etc.

Counts	Footwork	End facing
1 – 8	R cross point, side point, cross point, side step, Repeat with L	
1 – 2	Cross point R over L (1), point R to R side (2)	12:00
3 – 4	Cross point R over L (3), step R to R side (4)	12:00
5 – 6	Cross point L over R (5), point L to L side (6)	12:00
7 – 8	Cross point L over R (7), step L to L side (8)	12:00
9 – 16	Cross back, R chasse, cross back, L chassé ¼ L fwd	
1 – 2	Cross R over L (1), step back on L (2)	12:00
3&4	Step R to R side (3), step L next to R (&), step R to R side (4)	12:00
5 – 6	Cross L over R (5), step back on R (6)	12:00
7&8	Step L to L side (7), step R next to L (&), turn ¼ L stepping fwd on L (8)	9:00
17 – 24	R rock fwd, pony steps back R & L, R rock back	
1 – 2	Rock fwd on R (1), recover back on L (2)	9:00
3&4	Step back on R popping L knee fwd (3), recover onto L again (&), step back on R popping L knee fwd (4)	9:00
5&6	Step back on L popping R knee fwd (5), recover onto R again (&), step back on L popping R knee fwd (6)	9:00
7 – 8	Rock back on R (7), recover fwd to L (8)	9:00
25 – 32	Point R to R diagonal, step together, Repeat with L, R & L kick ball point	
1 – 2	Turn body to L diagonal pointing R to R diagonal (1), return body back to neutral stepping R next to L (2)	9:00
3 – 4	Turn body to R diagonal pointing L to L diagonal (3), return body back to neutral stepping L next to R (4)	9:00
5&6	Kick R fwd (5), step down on R (&), point L to L side (6)	9:00
7&8	Kick L fwd (7), step down on L (&), point R to R side (8)	9:00
START AGAIN and... ENJOY! ☺		